



Dr. William Spielfogel (left) and Dr. Adam Cirlincione (right)

Dr.'s REMEDY® is a line of podiatrist formulated nail care created by board certified podiatrists, Dr. Adam Cirlincione and Dr. William Spielfogel. The collection nail colors and nail care solutions can minimize the appearance of dry brittle nails, hydrate nail cuticles and improve the wear-time of your nail color.

Dr. Adam Cirlincione and Dr. William Spielfogel are board certified practicing Podiatric Surgeons based in New York who founded Dr.'s Remedy to address the needs of their patients. Both doctors have spent years of study and training in the field of Podiatry. Although, skilled surgeons, they realize a top reason patients come into their office is because of brittle, discolored nails, often times associated with the harsh chemicals found in nail polish. As physicians they have always been interested in the products their patients use and only want the best for their patients.

Dr.'s REMEDY consists of many shades of nail colour along with nail care products such as base coat, top coat, cuticle care and a nail hydration. Each product is infused with a special blend of ingredients selected by Dr. Cirlincione and Dr. Spielfogel. This blend includes: wheat protein, tea tree oil, garlic bulb extract and lavender.

Frequently Asked Questions

Q: WHAT MAKES DR.'S REMEDY® ENRICHED NAIL POLISH SO UNIQUE?

A: After treating hundreds of patients and listening to their needs about nails, we personally formulated our Dr.'s REMEDY®, Enriched Nail Polish with a patented blend of naturally occurring, non-toxic, nourishing ingredients not found in traditional lacquers. Every bottle is free of formaldehyde, formaldehyde resin, toluene, parabens, and phthalates—all potential carcinogens. Plus, it's the only nail polish to receive the APMA (American Podiatric Medical Association) seal of approval.

Q: IS DR.'S REMEDY AN ANTIFUNGAL NAIL POLISH?

A: No. Dr.'s REMEDY® Enriched Nail Polish is not an antifungal medicine nor is it intended to treat or cure fungus. It is however; an extremely gentle, highly nourishing cosmetic nail polish that is available in an array of stylish colors. Products that make antifungal claims must be approved by the FDA and are not considered cosmetics.

Q: CAN I USE DR.'S REMEDY WHILE USING A TOPICAL MEDICATION FOR NAIL FUNGUS?

A: Dr.'s REMEDY® Enriched Nail Polish is a cosmetic, NOT a medicine. However, our extremely gentle, highly nourishing formula can be used in conjunction with topical fungus medications and will not make the condition worse. Dr.'s REMEDY is also recommended as the perfect compliment to any nail laser and nail cream regimens.

Q: CAN CHILDREN WEAR DR.'S REMEDY® ENRICHED NAIL POLISH?

A: Dr.'s REMEDY® is completely non-toxic and safe for use on children and mums-to-be.

Q: DOES DR.'S REMEDY TEST ON ANIMALS?

A: Dr.'s REMEDY® is an animal-loving company and we do not participate in animal testing of any kind.

Q: SHOULD PEOPLE WITH WHEAT ALLERGIES BE CONCERNED ABOUT THE WHEAT PROTEIN CONTAINED IN DR.'S REMEDY.

A: All Dr.'s Remedy products have undergone rigorous allergy and sensitivity testing, and the amount of wheat contained in our polishes has not been known to affect those with an allergy.

Q: HOW LONG WILL DR.'S REMEDY® ENRICHED NAIL POLISH LAST ON MY NAILS?

A: Dr.'s REMEDY wears just like traditional nail polish—about 5 to 7 days on fingers and 2 to 3 weeks on toes.

Q: HOW OFTEN SHOULD I CHANGE MY POLISH?

A: As podiatrists, we recommend patients change their polish every 10 days and to go polish free for a few days before re-applying nail color. Nail polish is occlusive and can deplete the natural oils from the nail and cuticles around the nail. Leaving your nails polish free for a few days allow the nails to rehydrate. It is also a good idea to apply cuticle oil day and night. This will also help to hydrate both your nails and your cuticles.

Q: ANY TIPS TO ENSURE MY MANICURE AND PEDICURE LAST?

- A:** To maximize the wearability of you manicure, try these tips:
- Always use base coat and top coat. Re-apply a clear top coat every 3 days.
 - Give your polish 30 – 45 minutes to completely dry, 60 seconds each coat.
 - Apply hand and foot cream as well as cuticle oil often.